



## The Hobart Aquatic Centre

Club Code: **TAC**

### Location:

The Hobart Aquatic Centre (50 & 25m)  
 1 Davies Ave  
 Hobart  
 TAS 7000  
 03 6222 6999

### Club Contact:

Harald Gatenby  
 67 Wattle Hill Road  
 Mountain River  
 TAS 7109  
 03 6266 4454 H | 0419 392 105 M  
 Email: [HGatenby@ultradata.com.au](mailto:HGatenby@ultradata.com.au)

## Training Timetable 2009

Monday	6:00 pm	25m Dive Pool	A good session to start with
Wednesday	6:00 am	50m Pool	Programmed session and stroke correction
Wednesday	1:00 pm	'Splash and Dash' (30 min)	Contact Harald 0419 392 105
Wednesday	6:00 pm	25m Dive Pool	Programmed session
Thursday	6:00 pm	50m Pool	Programmed session.
Friday	1:00 pm	'Splash and Dash' (30 min)	Contact Harald 0419 392 105
Saturday	9:00 am	50m Pool	Programmed session
Sunday	8:00 am	50m Pool	Informal session with program or aerobic work

**Evening sessions are not held on Public Holidays**